

HIPAA Compliance: Everyday Business Impact

Healthcare is an increasingly attractive target for cybercriminals — and Healthcare breaches have skyrocketed in the last two years.

Compliance means stronger security, smoother operations and peace of mind. Meanwhile, non-compliance can result in costly fines, lost reputations and the erosion of patient trust — so HIPAA establishes guardrails that keep patient data safe while making sure that your organization stays out of legal and financial jeopardy.

So far in 2025, the average fine/settlement cost is

\$342,000+

for HIPAA-related violations.

Source: hipaajournal.com

In 2024, OCR penalties of nearly

\$12 Million

were assessed across healthcare systems, eye/dental care providers and medical suppliers.

Source: hipaajournal.com

HIPAA ESSENTIALS CHECKLIST

- Limit Access**
Only give staff access to patient data required for their jobs.
- Secure Every Login**
Turn on Multi-Factor Authentication (MFA) for all accounts.
- Protect Devices & Data**
Encrypt laptops, phones and backups; block unauthorized USBs.
- Control Your Network**
Use separate staff/guest Wi-Fi and secure VPN connections.
- Manage Accounts Quickly**
Remove or disable accounts immediately when employees leave.
- Maintain Vendor Accountability**
Require Business Associate Agreements (BAAs) and confirm data protections.
- Backup & Recovery**
Back up patient data daily, store it securely, and test recovery regularly.
- Train & Monitor Staff**
Provide annual HIPAA/security training and track completion.
- Plan for Breaches**
Prepare a documented, step-by-step response plan.
- Respect Patient Privacy**
Ensure staff follow HIPAA rules with screen-sharing and document handling.

Why Accent?

Proven Expertise

We specialize in healthcare IT security and know how to align your practice with HIPAA requirements.

Beyond the Checklist

We don't just help you check boxes; we help you build a culture of security that reduces risk, protects hard-fought patient trust and strengthens your operations.

Built for SMBs

Our IT solutions are practical, scalable and focused on results without unnecessary complexity or costs.

Compliance in Action

Before

Most employees can see more patient data than their role requires.

A stolen or guessed password is all an attacker needs to get in.

Lost or stolen laptops, phones and tablets turn into full-blown breaches.

Backups are stored but never tested — leaving recovery uncertain in a real disaster.



After

Staff can only reach the patient data needed for their specific role.

Multi-Factor Authentication stops bad actors in their tracks.

All devices are fully encrypted — harmless if compromised because the data is unreadable.

Verified backup and recovery processes ensure systems can be restored quickly.

Bottom Line...

HIPAA compliance safeguards patient data, strengthens trust and protects your organization from costly penalties — while keeping operations running smoothly and securely.